Southern Stars was a hit! For all of you who went to watch the talented students supported by their equally talented teachers, you would appreciate the hard work that went into making this such a success. It was an outstanding showcase of the performing arts in our public schools and a celebration of the talents, skills, enthusiasm and commitment of their students, staff and communities. The show was wonderful from the opening number to the finale when all of the students who have taken part were all dancing on the stage at the WEC.

Balgownie Public School were fabulous as Superheros and our own Kate Critcher was one of the Southern Stars Company who danced beautifully. Congratulations to all our dancers for your performance!

I would like to extend my warmest congratulations and thanks to Mrs Burns, Mrs Carrigan, Mr Loxton, Mrs Kerema, Ms Main, and Mr Barrett who spent their nights and weekends supervising the students, making costumes and leading the dancing. Thanks team! A special thanks to Mrs Burns who led the team and has spent many professional and personal hours to ensure our students were ready. Thank you! Thanks also to the parents and helpers. Fifty of our Stage Two students had the opportunity to see the show on Friday.

Workers in the community Thursday was a busy day with Year One and Two having some visitors for their unit of study about the community. The lifeguards, ambulance officers, police, fire brigade and an environmental scientist were out maneuvered for attention by an eight week old puppy who came with the vet. The puppy stole the show until the excitement proved too much and he fell asleep.

It was very engaging learning as the students spoke with the ‘workers’ about their roles helping the community and the kinds of things they do. The fire brigade brought not only the current fire truck but a classic truck and the comparisons were interesting. The students also enjoyed being allowed to have a short blast of the fire hose.

Thanks to all the workers who came and shared their experiences with our students and to the teachers who organized this event.

Eco car Many thanks to Greg Newman for his presentation to 3HR on pollution in the environment. It was enlightening to see a hybrid car in action and learn how it works.

And just in case we don’t have enough learning happening, the chickens are still proving a hit as we watch them hatch, and grow.

NAPLAN 2014 The NAPLAN results should be given to Year 3 and 5 students on Friday 5 September.

SASS STAFF RECOGNITION WEEK This week, our School Administrative Support Staff are celebrating National Recognition Week 2014, ‘Stepping Up to the Challenge’. SASS staff play an essential role in the operation of the school and in supporting student learning. Thanks to:
- Office staff who welcome everyone to our school, and multi task with all the many enquiries, people and first aid in a day. Service with a smile!
The School Admin Manager (Michelle Thompson) is also responsible for the financial management of our school.

Our School Admin Officers enrol students, process banking and procurement and work in the library.

Our School Learning Support Officers assist teachers in providing care and management of students with disabilities, additional learning and behaviour needs. They also support teachers and students in implementing individual education programs.

Our General Assistants assists in enhancing students’ safety and learning environment, performing minor maintenance of buildings and equipment and upkeep of the playing fields and school grounds.

**Congratulations to all our SASS Staff – Thank you for the hard work you do**

**Focus group discussion about maths** is happening next Wednesday at 6.45pm. This is the re-scheduled discussion from the cancelled P and C meeting. Everyone is welcome to this event. The P and C meeting will follow this at 7.15pm.

**Thanks for Fathers Day** stall today to all those parent volunteers. It is appreciated!

**Safety reminder** Please do not use our school driveways, either on Balgownie Road or Chalmers St to drop students off or pick them up. This is because we want to keep our students safe. Thank you in anticipation.

**Student Well Being and Fair Discipline Policy revised with PBS.** Our Student Wellbeing and Fair Discipline Policy has been updated to reflect the work we do through Positive Behaviour for Success. It has been uploaded onto the Skoolbag app. Please take ten minutes to read through the document and I welcome your feedback about the policy. The following is the rationale and elements that are included in the policy.

**Rationale** Students learn most effectively in a secure and well ordered environment where positive aspects of living and working together are supported by everyone in our school. Our school strives for the development of appropriate attitudes and behaviour in students, based on our three core values of respect, responsibility and real learning.

To build the foundation for a challenging, safe and creative school, where human dignity and self esteem are valued, all individuals must understand their rights, respect those rights for others, and learn how to exercise their rights without infringing upon the rights of others. The Student Welfare and Fair Discipline Policy at Balgownie Public School has been developed using the Department of Education’s Core Rules as its framework together with the expectations of the school community.

Our school is a Positive Behaviour for Success school where behaviour expectations are explicitly taught and consistently reinforced. This effective approach teaches expectations of appropriate behaviour and consequences for inappropriate behaviour to students. It emphasises positive consequences and offers consistency in all classrooms and the playground. It promotes the development of self-discipline and the ability to distinguish right from wrong.

Our approach recognises and supports procedural fairness in all dealings, and understands the critical role fair discipline has in supporting the personal growth of our students into responsible members of society, who understand there are consequences for actions. The purpose of our interactions with students is for them to reflect on their behaviour and to help students modify their future behaviours.

Mutual support between home and school promotes a positive learning environment which is reflected by teachers and parents expecting high standards and working together to ensure students reach the best possible outcomes both socially and academically.

**The elements of the Fair Discipline Policy at Balgownie Public School include:-**

1. **Students Rights and Responsibilities**
2. **Acceptable and Unacceptable Behaviour**
3. **National Safe Schools Framework**
4. **Core Rules of all NSW Public Schools**
5. **Balgownie School Rules and Expectations including Positive Behaviour for Success**
6. **Excursions, Cultural Performances, Sport and School Activities.**
7. **Positive Rewards and Recognition**
8. **School Fair Discipline System – Consequences for Misbehaviour.**
9. **Learning Support Team and School Counsellor Roles**

**NB** There are also several attachments.

**Quotes about fathers** that I have found that you may enjoy. Happy Father’s Day!

1. “I know what a good man is because I saw it in my father.” Raimond Gaita
2. “A father is someone who will play with you, even though he has friends his own age to play with.” Unknown
3. “If you can give your son or daughter only one gift, let it be enthusiasm.” Bruce Barton
4. “Just do what we say, Dad, and no one will get hurt.” Two daughters.
5. “Your children need your presence more than your presents.” Jesse Jackson
6. “The fundamental defect of fathers is that they want their children to be a credit to them.” Bertrand Russell
7. “One of the unseen benefits of having children is that they deliver you from your own selfishness. There’s no going back.” Martin Amis
8. “What a father says to his children is not heard by posterity.” Jean Paul Richter
9. “When you have kids, there’s no such thing as quality
time. There’s just time. There’s no, ‘Ooh, his graduation’s better than going to the mall.’ It’s all kind of equal. Changing her diaper and her winning a contest — it’s all good.” Chris Rock

10. “My father gave me the greatest gift anyone could give another person: he believed in me.” Jim Valvano

11. “Having a kid is like falling in love for the first time when you’re 12, but every day.” Mike Myers

12. “A man knows he is growing old because he begins to look like his father.” Gabriel Garcia Marquez

13. “When I was a boy of fourteen, my father was so ignorant I could hardly stand to have the old man around. But when I got to twenty-one, I was astonished at how much he had learned in seven years.” Mark Twain

14. “I have found the best way to give advice to your children is to find out what they want and then advise them to do it.” Harry S. Truman

15. “My sisters and I can still recite Dad’s grilling rules: Rule No. 1: Dad is in charge. Rule No. 2: Repeat Rule No. 1.” Connie Schultz

16. “My father taught me that the only way you can make good at anything is to practice, and then practice some more.” Pete Rose

17. “Before I got married I had six theories about raising children; now, I have six children and no theories.” John Wilmot

18. “He has always provided me a safe place to land and a hard place from which to launch.” Chelsea Clinton

19. “I just sit there and make up songs and sing to [my son] in gibberish. I’m very good at gibberish now.” Elton John

20. “A (rad) dad is someone who carries a picture where his money used to be.” Rad for a Dad

Have a great week!
Aloma Stewart

Joke of the week
Q: Why did the rooster cross the road?
A: To prove he wasn’t a chicken.

Stage 3 have been studying a variety of poetry forms. One such style is the Ballad. Rebekah K created a fantastic Ballad based on a familiar fairy tale.

A FRACUTRED FAIRYTALE
BY REBEKAH K
Sleeping Beauty was depressed
She did not want to linger
She walked up to the spinning wheel
And pricked her bony finger

There was a spy in the room
Rapunzel rushed to her side
She sang her magic healing song
And then went back to hide

Sleeping Beauty then awoke
She thought she had been dead
She drove the needle through her heart
Then landed on her head

Rapunzel again did heal her
But this time didn’t hide
Sleeping Beauty awoke with a grumble
And found Rapunzel by her side

She gave Rapunzel an angry look
Rapunzel asked “Why so mad?”
Sleeping Beauty had no date for the ball
That was her reason for being sad

Rapunzel told her that it was OK
Sleeping Beauty thought “What a friend”
They lived together and found their men
The two of them lived happily to the very end

GREAT SOUTHERN STARS EXPERIENCE
A big thank you to the 27 children who participated in Southern Stars this year. From beginning to end, through rehearsals, waiting around in hot stuffy tunnels they displayed humour, resilience and camaraderie. Well done kids, you can all be very proud of yourselves! A big thank you also to Mrs Carrigan who helped out the whole way through, to Miss Main, Mrs Kerema, Mr Barrett and Mr Loxton who all came along to a show to help supervise. A big thank you also to Sharon Green, Tanya Churchill, Winsome McGuinness and Marie Campbell for their help with costume construction - certainly many hands make light work. Hopefully everyone got a well-deserved sleep in afterwards!
Mrs Di Burns

Congratulations to the following students who have demonstrated our values of Respect, Responsibility and Real Learning.

These students have earned themselves a wrist band. Well done!
Faith P 5/6B Jack S KS Chelsea M 5/6B
Philippa S 1A Ashton G KS Astrid F KS
Yasmin B 4/5M Tabitha K 3/4D Angelique S KS

And well done to the following students who achieved the PBS Badge.
Mia M 2S Dusty M 2S

Respect, Responsibility, Real Learning
Principal: Aloma Stewart PO Box 192 Fairy Meadow NSW 2519 P&C: www.balgowniepnc.com
**CANTEEN ROSTER TERM 3 - WEEK 9**

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<thead>
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<tr>
<td>MOND</td>
<td>8/9/14</td>
<td>Wendy Myers, Lisa Sheedy</td>
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<tr>
<td>TUES</td>
<td>9/9/14</td>
<td>Lisa Tunstall, Callie Heyman</td>
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<tr>
<td>WED</td>
<td>10/9/14</td>
<td>Evelyn Knust, Ghada Sultan</td>
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<td>THUR</td>
<td>11/9/14</td>
<td>Donna Guest, Elicia Quinn</td>
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<tr>
<td>FRID</td>
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<td>Melissa Ryan, Mary Dilber</td>
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HELP NEEDED

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**P & C News**

**FATHER'S DAY STALL IOU'S**
Firstly a big THANK YOU to all the volunteers who helped at the Father's Day Stall today. Thanks to your involvement we can run school community events like this smoothly and enjoyably for all.

The kids love the opportunity to buy gifts for their Dads and other special people. If your child has brought home an IOU slip then please return that with the correct money on Thursday or Friday morning to the office, where their gifts have been stored. We hope that all the BPS Dads enjoy their Father's Day surprises that were carefully selected by their children with great excitement and love. Happy Father's Day!

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**URGENT PAYMENT REMINDER - OUTSTANDING Chocolate Fundraising money**
We still have a few families who are yet to return their chocolate money. Payment of $50 for your box would be appreciated by Friday. You will be receiving a payment request phone call if your money is not returned by Friday 5th September. Full payment of $50 can be made online [http://balgowniepnc.com/ourschool/fundraising/](http://balgowniepnc.com/ourschool/fundraising/). Cash payments can be left in the canteen tomorrow and Friday. Our organizers are trying to finalize this fundraiser and appreciate your support.

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**FETE UPDATE**
You should have all received your fete newsletter last week. Please consider volunteering your time on the day. We are still looking for about 20 more volunteers to do 1 hour on a stall. As you would have read we have some exciting things planned so get involved, return your forms and don’t miss out!

**PAMPHLET DROP**
Next week we will be conducting our pamphlet drop. Please consider taking pamphlets for all of the neighbours in your street. We will have someone handing out pamphlets at the canteen before and after school most days next week. They will help you to highlight your street on our map so we don’t double up. Those families who have previously returned slips will have received an email from fete organizers.

**RAFFLE TICKETS ON SALE NOW!!**
Thank you for helping us to sell tickets in our Monster Fete Raffle. Please consider paying the $50 for your raffle tickets online at [http://balgowniepnc.com/fete/raffle/](http://balgowniepnc.com/fete/raffle/). This will help our organizers immensely. All tickets and money need to be returned by October 8th.

**ARM BANDS ON SALE NOW!!!**
Pre purchase ride armbands are now on sale at a discounted price so don’t miss out on a bargain! Go to [http://balgowniepnc.com/fete/rides/](http://balgowniepnc.com/fete/rides/) to make your purchase:

For unlimited rides from 11am until 3.00pm
- 1st Child @ $20.00
- 2nd Child @ $20.00
- *3rd & subsequent children @ $15.00 each

(*The 3 or more children must be siblings from the same family, enrolled at Balgownie)

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**COMMUNITY NEWS**

**BALGOWNIE VILLAGE COMMUNITY CENTRE**
**Annual General Meeting**
Please join us on Wednesday 17 September 2014, 7pm in CWA Room (building at rear of main hall and accessed from western gate) 113 Balgownie Rd, Balgownie.

Once a year we come together to find out what’s been happening as well as what is planned for Balgownie Village Community Centre. There is no expectation to join the management committee however we always welcome newcomers. For further information please phone the office on 42853225.

**NORTH WOLLONGONG SANDPIPERS**
We’re inviting all kids aged 5 – 13 years (as at October 1st 2014) who would like to have some fun in the sun, meet new friends and learn some surf safety and surf skills, to come along and join the North Wollongong Surf Club.
Nippers at the Illawarra’s premier beach.
We’re holding registration days at the surf club on:
**Sunday September 21**: 10am – 12pm
**Sunday September 28**: 10am – 12pm.
New child members are required to bring their birth certificate along to registration for age verification. For further information please refer to our website: www.nwslsc.com.au

*See you on the beach!*

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Need to get the kids out from in front of the computer screen and TV? Come and Try Scouts for 4 weeks **FREE**.
Vacancies in Joey section for 6 year old Boys and Girls
**Barker Street Balgownie**
**Joeys Tuesday 5.15 to 6.15 pm**
Get information on joining and have a go at some scouting activities. Want to know more?
**Wayne Hulbert**
0417 689 859

We are not always at the hall so please call first

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**WONDER IN ALICELAND**
"The Arcadians Children's Theatre presents "Wonder In Aliceland". Come and disappear down the rabbit hole with this fun show at the Miner's Lamp Theatre to delight everyone! 19-21 September - Fri/Sat 7pm, Sat/Sun 2pm - tickets available at www.arcadians.org.au - $15/$10 - Don't miss out!"

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**JUNIOR WATER POLO PROGRAM**
We are gauging community interest for a Junior Water Polo program to run this Summer. We currently run a successful adult competition all year round and with help from parents would like to form a committee to run junior competitions and coaching. We encourage Parents and Students to attend our AGM on 20th September or contact us at info@illwp.com to express their interest in volunteering. The Illawarra Water Polo AGM will be held on 20th September 2014 at the Wollongong City Library Theatrette.
For more information on Water Polo please visit http://www.waterpoloaustralia.com.au/get-involved/join-a-club/

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**ILLAWARRA SPANISH LATIN AMERICAN FESTIVAL**
SALCO invites you to the Mowbray Lane Outdoor Fiesta
**Saturday 27 September 2014**
1.00 - 5.00pm
**Mowbray Lane, Warrawong** (next to Gala Cinema)
www.islaf.org.au 42 953493
Being a great dad

Many dads tell me that they want a better relationship with their children, particularly their sons, than they had with their own fathers.

There’s no doubt that fathering has changed in recent years. Gone is the distant dad of the 1960’s and 70’s who saw his main job as keeping a roof over his family’s head and bread on the table. An occasional game in the backyard and dishing out the heavy discipline that mums couldn’t deal with was the extent of his involvement with his kids.

Many dads tell me that they want a better relationship with their children, particularly their sons, than they had with their own fathers. Sadly, many men still don’t enjoy a close relationship with their fathers, but they are determined to change things with their own kids.

Here are seven ideas to help you form close relationships with your kids, and maximise your effectiveness as a parent and a partner:

1. **Find something in common with your kids**
   Dads need something in common with their children. They relate better when they have a shared interest or shared passion with their kids. Many men relate to their kids while being active, and teach many important lessons through games and play. If sport is not your bag, find something else that you and your kids have in common. A common interest is a great help for fathers who live apart from their kids who are looking to maximise the time they have with them.

2. **Spend time with your sons**
   A dad can do little wrong in the eyes of a young boy. From around the age of five years a boy thinks his dad is like superman. Ironically, he may give his mum a hard time at this stage. Dads need to spend as much time with their sons as they can impressed, as possible. They just need to be careful not to push their sons too hard or turn every game into a lesson. That’s when boys turn off their dads.

3. **Don’t whimp out on discipline**
   Dads are traditionally the kings of play, but they can go missing when it comes to discipline. They get their kids excited in a game before going to bed, then expect their partner to settle them down. It helps if both parents can take their share of managing children’s behaviour.

4. **Treat your daughters well**
   There are strong links between close fathering and the healthy development of girls. Dads teach their daughters strong lessons about how they should be treated by males. So dads need to treat their daughters respectfully so they learn to expect this treatment in their future relationships with men.

5. **Say good bye Superman, hello Clarke Kent**
   Adolescent boys are programmed to challenge their fathers. It’s part of the growing up process. Australian author John Marsden refers to this phenomenon as the ‘old ram, young ram syndrome’. He’s right. It’s a type of rite of passage that plays out in many Australian homes. Verbal jousting matches are a popular father-son game where boys take great delight in proving their fathers are fallible. A dad at this stage needs a sense of humour as well as a willingness to stand back and allow other mentors in to his son’s life.

6. **Support your partner**
   Fathers may play an integral part in the lives of their children but they also have a profound effect on the quality of mothering that children receive. There is little doubt that a woman who can share the emotional and financial burdens of child-rearing with a supportive partner is more likely to be a loving, affirming mother. Supportive fathering is one of the keys to better mothering.

7. **Change as your child changes**
   Kids grow up at the speed of light and change before you know it. They’re kids one day and teenagers the next. They can catch many fathers unaware. The most effective dads are those who change their parenting to suit the needs of their kids at each stage of development, rather than stubbornly hold to outmoded ideas of how they think their kids should be.

Those fathers who are a little apprehensive or lack sufficient confidence should become involved in as many aspects of parenting as they can. The best way to learn about parenting is by doing it. Children are a terrific resource for dads - men can learn about children from children themselves. By being alert, watchful and learning to listen to their children fathers can learn all they need to know about parenting.

Stay one step ahead of your kids with great ideas & expert advice from Michael Grose. Join Michael's NEW Parenting ideas Club today at parentingideasclub.com.au. You’ll be so glad you did.