The Bally Buzz
Balgownie Public School
Living & Learning

Term 2  Week 4  Wednesday 13 May 2015

CALENDAR – TERM 2

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Event</th>
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<tr>
<td>Wed</td>
<td>13 May</td>
<td>P&amp;C Meeting 7.15pm in Library</td>
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<tr>
<td>Thur</td>
<td>14 May</td>
<td>NAPLAN Numeracy</td>
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<tr>
<td>Frid</td>
<td>15 May</td>
<td>School Leaders Conference at UOW</td>
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<tr>
<td>Mon</td>
<td>18 May</td>
<td>Kindergarten for 2016 Open Day 9.30-10.30am</td>
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<td>Tue</td>
<td>19 May</td>
<td>Netball Knockout – Stg 3 Girls 9.00am-11.00am</td>
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<td>Wed</td>
<td>20 May</td>
<td>Brokers Cross Country</td>
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<tr>
<td>Sat</td>
<td>30 May</td>
<td>Working Bee</td>
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P&C Meeting tonight in Library at 7.15pm – all welcome

Entertainment Books  Thanks to the many families who have already paid for their entertainment books. They are great value and you can earn back the cost almost immediately by putting them into use, saving hundreds at local restaurants, supermarkets, fast food stores, hotels, kids activities… the list is endless.

If you haven't already paid for a book or online membership, please consider doing so. This is the major fundraiser this year, and we need
your support to make it a success. If you are unable to buy a book please return it in the accompanying envelope by this Friday 15 May.

**Working Bee** A reminder that the school working bee will be held on Saturday 30 May 1.30pm to 4.30pm. There’s lots of work to do so we hope to see everyone there. Please bring gardening tools, barrows, gloves, etc. Afternoon tea will be provided.

**INFORMATION FOR PARENTS AND CARERS**

**Review of Special Religious Education and Special Education in Ethics in NSW government schools**

The NSW Department of Education and Communities has commissioned an independent review of the implementation of Special Religious Education (SRE) and Special Education in Ethics (SEE) in NSW public schools.

The review is being conducted by an independent research company, ARTD Consultants. This company provides services in evaluating public policy. The review will inform ongoing improvement of SRE and SEE for the Department and providers.

**How can you participate in the review?**

The survey is in English and has 19 questions. For most questions you can select an answer from the multiple choice options provided. Only two questions ask for written answers. Extra written feedback for another five questions may be provided if desired but is not essential.

**Queries or complaints about the way the review is conducted**
For questions or concerns associated with participation in the review or to raise a complaint about the conduct of the review, please contact the Leader, Quality Assurance, on (02) 9244 5025 or by email at SRE-SEE-Review@det.nsw.edu.au. All complaints will be treated confidentially.

**Clarifying after school procedures to keep our students safe.** It is expected that you make arrangements for your child to be collected directly after school or if they are older, to make their own way home. Younger children can become distressed if their parent/carer is late.

We have a teacher on duty for bus children after school. This teacher is also the teacher responsible for students whose parents may be occasionally held up. Help us to help our students by reinforcing with your child that if you are late, to come and sit on the silver seats outside the main administration building. It is hard to know which child still hasn’t been collected if they are waiting outside a gate. It is
important that all children know there is an adult available to care for them.

**One more reminder** In the morning there are too many people on the top quad for any large balls to be thrown or kicked. Handballs only are to be used in the morning. Thanks for your understanding.

**Thank you Balgownie Parents and Carers for keeping our students safe.** I am just reminding everyone to take special care of our kids when picking up, dropping off and also walking home. PLEASE remind your children about safety in and around our school, and take care when driving. We all know how unpredictable they can be.

It would be great if you could talk to your neighbours and friends about the rules regarding Children’s Crossings. Maybe others in our community are not aware of the rules about stopping when the flags are out until pedestrians are completely off the road. Let’s get the message out there for all of our children!

**Don’t forget!** If you know of any families who are looking for a great school for their child for 2016 and live in our area, encourage them to apply to enrol. The best way to choose a school is to visit and meet the staff and students to see if it is the school for your child. Please invite them to come along! On Monday 18th May we are having an
open day for prospective Kinder students from 9.30-10.30am. All are welcome!

Anti Bullying Lesson 4 How to ignore someone giving you a hard time.

Why Learn This Skill? Sometimes students will need to tell another to stop doing something that is annoying them, but at other times it is more appropriate to ignore annoying behaviour. Discuss with your child some of the situations in which ignoring is more appropriate.

For example.
- When it is only a minor or short irritation;
- When you are sure that talking to the person will only encourage them;
- When you think that asking them to stop won’t work.

Discuss times when it is not appropriate to ignore the situation. Ignoring is an active strategy and one that students can realise is a positive choice.

Do’s
- Stop looking at them.
- Try to keep all expression off your face - look calm.
- Do something else or talk to others near you.
• If the other person keeps annoying you, STAY COOL AND WALK AWAY.

• If they follow you and keep giving you a hard time you can ask an adult for support.

• Remember, sometimes the person teasing you will not stop immediately and you may have to ignore someone a few times.

Don’ts

• Don’t look at them

• Don’t smile

• Don’t argue

• Don’t insult back

• Don’t get AGRO

• Don’t try to get them into trouble.

Stay Cool.

Take the power back.

Smart people know when to walk away.

Raising kids to Thrive by Michael Grose

Currently there’s a great deal of confusion about the best way to raise kids. The perception that the world is a dangerous place is causing us to closet or over-protect our children. We have a greater
propensity than our own parents did to satisfy our children’s material demands, so we run the risk of raising an indulged generation.

Many children grow up with an exaggerated sense of entitlement to rights, freedoms and goods, which are often way beyond their means or grasp. In wanting what’s best for kids we do run the risk of doing too much for them, giving them too much and also removing all risk from their environment.

If we are to prepare children adequately for the future then parents need to take a step back and provide an environment that develops their confidence, their character and their resilience. It is these three qualities that will enhance children’s prospects of future success in all areas of life, including their relationships, their family and their future working lives.

The development of one impacts on the others. When kids develop a greater sense of self-confidence they usually behave better and they are more likely to bounce back from setbacks, particularly social injustices.

**Confidence**

Confidence is about taking your rightful place in the world and grabbing your rightful space. It is about making the most of the opportunities presented to you. Confident kids take more learning
risks and are likely to challenge themselves more than kids who are low on confidence. They are less likely to place limits on themselves or their achievements. Confidence is so crucial today as so many kids are anxious and fear failure.

Character
Character refers to the attitudes and behaviours a child develops that maximise his or her success. Personality may attract initial attention but it won’t guarantee success. Character more than likely will. Character has greater substance and depth. The development of depth of character in children is at the heart of effective child-rearing. Character is about doing what's right, not what's easy!

Resilience
Children need to be resilient. They need to be able to bounce back from life’s bigger and smaller setbacks. They need to experience the gamut of emotions that come with loss, failure, disappointment and other childhood hardships, frustrations and difficulties they routinely face so they learn they can cope when life doesn’t go their way. Resilience is linked with good mental health habits and also with a child’s success.

These three qualities don’t develop in a vacuum. They may develop by accident but I wouldn’t count on it. They best develop in an
environment where parents purposefully adopt principles and techniques that promote them.

Using large family principles is at the heart of the thriving way of parenting. It’s not a return to the past. Rather, it’s recognition that if we are to prepare our children adequately for the future, then we need to step back and provide an environment that develops their confidence, their character and their resilience. These qualities will enhance children’s prospects of success in all areas of life in this constantly changing world.

Published by Michael Grose Presentations.

*Have a great week!*  
*Aloma Stewart*

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**Joke of the Week**  
Q: What do you get when you cross a caterpillar and a parrot?  
A: A walkie talkie!

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**Thought of the Week**  
In the middle of winter I at last discovered that there was in me an invincible summer. Albert Camus
BALGOWNIE SOCCER

Balgownie girls and boys played their first round games in the NSW PSSA Soccer last week against Fairy Meadow Demonstration School. After taking an early lead the girls put up a great fight, eventually losing 4-1. The boys played a very entertaining brand of football in defeating Fairy Meadow 9-0. Well done boys and girls.

CANTEEN NEWS

The canteen oven is still unavailable, so no hot food orders please except for noodle cups and toasted sandwiches. All other fresh, packaged and frozen items still available.

Canteen Roster for Week 5 Term 2

Thank you to our wonderful canteen volunteers who keep our canteen open, cooking and serving hot and healthy food each day.

Next week’s volunteers are:

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| Mon 18 May | Michelle Guiliano  
           | Jane Cooper     |
| Tues 19 May | CANTEEN CLOSED  |
Respect, Responsibility, Real Learning

Principal: Aloma Stewart  PO Box 192 Fairy Meadow NSW 2519  P&C: www.balgowniepnc.com

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<td><strong>Wed 20 May</strong></td>
<td>Jodi Hurt</td>
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<td>Erin Steyger</td>
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<td><strong>Thurs 21 May</strong></td>
<td>Corinna Firpo</td>
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<td>Kate Smith</td>
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<td>Penny Fraser</td>
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<td><strong>Fri 22 May</strong></td>
<td>Belinda Down</td>
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<td>Zoe Wood</td>
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<td>Samantha Brown</td>
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**COMMUNITY NEWS**

BALGOWNIE COMMUNITY GARDEN (BALLY’S PATCH) WORKING BEE

*Sunday May 31 from 9am*

All welcome!

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80% OF PEOPLE WITH A PEANUT ALLERGY WILL HAVE IT ALL THEIR LIFE. BE SAFE CHECK THAT NUTS ARE NOT ON THE LIST OF INGREDIENTS IN FOOD SENT TO SCHOOL

**BE SAFE - BE A MATE**

LEAVE PEANUT PRODUCTS AT HOME
Bally’s Patch is located at Lot 21, Church St, Balgownie (between #5 and #7 Church St). Bring your gardening gloves, hats and smiles, and make some friends along the way.

Visit [www.ballyspatch.wordpress.com](http://www.ballyspatch.wordpress.com) for more info or call 0413 862 865.

**AST SURF SCHOOL**

Ast Surf School is holding a **free surf session** for kids of the age of 5-12yrs old. The Free day will be held from 12-2:00pm at Nth Wollongong on the 16th of May, and the Farm Beach on the 17th of May.

**BRINGING UP GREAT KIDS - A free parenting program for mums, dads and carers**

This program promotes positive, respectful parent and child relationships.

Thurs 28th May to Thurs 25th June
5.30pm to 7.30pm
Willy Wagtail Child Care Centre
43 Florence St Fairy Meadow
To register: 0439 887 554 or email admin@fsi.org [Family Services Illawarra Inc.](mailto:admin@fsi.org)

**INTRODUCTION TO KOREAN**

A new Korean language course for primary school students in Years 5 and 6
will be offered for the first time in the Illawarra from Weeks 6-10 of Term 2. The course is proudly funded by the Australia-Korea Foundation (Department of Foreign Affairs and Trade) and taught by qualified Korean language teachers based in the Illawarra.

• Learn to read and write the Korean alphabet
• Learn basic greetings and survival Korean
• Learn about Korean culture, food and music
• Meet new friends while learning about Asia’s best-kept secret

Location: Smith’s Hill High School

When: Weeks 6-10 Term 2, 2015

Class Times: Thursdays 4:30pm-5:30pm

Who: Students from local primary schools (Years 5 and 6)

Total cost: $15 material fee

Applications Close: Friday, May 22, 2015

How to apply: Send an email illawarrahangul@gmail.com

Course Commences: Week 6, Term 2, Thu May 28th.